

October

30 B: Lil smokies & toast S1: Nutrigrain bar L: Pasta in marinara & parmesan cheese S2: Cheese & crackers	1 B: Bagel & cream cheese S1: Sliced apples L: PB&J and Chips S2: Yogurt	2 B: Waffles & milk S1: Pretzels L: Chicken nuggets, rice & corn S2: Raisins	3 B: Lil smokies & toast S1: Veggies & ranch L: Mac n cheese, squash puree S2: Graham crackers	4 B: Cereal & Milk S1: Graham crackers L: Veggie sandwich & chips S2: Yogurt
7 B: Bagel & cream cheese S1: Graham crackers L: Turkey dogs & chips S2: Peanut butter & crackers	8 B: Special K Bar S1: Veggies & ranch L: Corn dogs & chips S2: Graham crackers	9 B: Cereal & milk S1: Nutrigrain bar L: Fish sticks, rice & corn S2: Fruit snacks	10 B: Waffles & milk S1: Veggies & ranch L: Quinn, Isaac, Benjamin, Petra & Scarlett's Pizza Party S2: Raisins	11 B: Special K bar S1: Veggies & ranch L: Teriyaki chicken bowl S2: String cheese
14 B: Cereal & milk S1: Veggies & ranch L: Mac n cheese, squash puree S2: Graham crackers	15 B: Waffles & milk S1: Nature Valley granola bar L: Chicken salad sandwich & chips S2: Raisins	16 B: Toast & fruit S1: Sliced apples L: Muffin, string cheese, banana & sunflower seeds S2: Goldfish	17 B: Cereal & milk S1: Nature Valley granola bar L: Turkey & cheese sandwich & chips S2: String cheese	18 B: Waffles & milk S1: Fruit Crunch Bar by Nutrigrain L: Meatballs in Marinara Sauce & bread S2: Fruit snacks
21 B: Waffles & milk S1: Veggies & ranch L: MarleyW., Haley M., Sydney, Aubrey & Braddock's Pizza Party S2: Raisins	22 B: Cereal & milk S1: Pretzels L: Turkey dogs & chips S2: Peanut butter & crackers	23 B: Muffin S1: Hummus & pita Chips L: Mortadella Pita & carrots S2: String cheese	24 B: Waffles & milk S1: Nature Valley Bar L: Bean burritos & fruit S2: Goldfish	25 B: Cereal & milk S1: Sliced apples L: Pasta in marinara & parmesan cheese S2: Cheese & crackers
28 B: Cereal & milk S1: Nature Valley granola bar L: Turkey & cheese sandwich & chips S2: String cheese	29 B: Muffin S1: Sliced apples L: Pasta in marinara & parmesan cheese S2: Cheese & crackers	30 B: Waffles & milk S1: Nutrigrain bar L: Cheese quesadilla, rice & black beans S2: Peanut butter & crackers	31 B: Special K bar & milk S1: Sliced apples L: PB&J and Chips S2: Graham crackers	1 B: Cereal & Milk S1: Veggies & ranch L: Ham & cheese roll ups S2: Fruit snacks