

# August 2018 -Seal Beach

6 B: Cereal & milk S: Veggies & ranch L: Turkey, cheese, crackers, fruit & veggies S: Choice of snack	7 B: Waffles & milk S: Veggies & ranch L: Hanna's Pizza Party S: Choice of snack	8 B: Raisin Bread & milk S: Fruit L: Bean & cheese burritos, rice & corn S: Choice of snack	9 B: Cereal & milk S: Fruit L: Penne Alfredo S: Choice of snack	10 B: Waffles & milk S: Nature Valley bar L: Cheese Quesadilla, rice & black beans S: Choice of snack
13 B: Waffles & milk S: Nature Valley bar L: Chicken salad sandwich & chips S: Dried Cranberries	14 B: Cereal & milk S: Veggies & ranch L: Turkey & cheese roll up & chips S: Chocolate chip granola bar	15 B: Cinnamon & agave oatmeal S: Veggies & ranch L: Cheesy Orzo & salad w/ ranch S: Pretzels	16 B: Waffles & milk S: Fruit L: Meatballs & marinara w/bread S: Veggies	17 B: Cereal & milk S: Fruit L: Pasta in marinara & parmesan cheese S: Animal crackers
20 B: Cereal & milk S: Fruit L: Turkey & cheese roll up & chips S: Animal crackers	21 B: Raisin Bread & milk S: Nature Valley bar L: Mac & Cheese w/ squash S: Dried Cranberries	22 B: Waffles & milk S: Veggies & ranch L: Chicken nuggets, rice & peas S: Chocolate chip granola bar	23 B: Cereal & milk S: Veggies & ranch L: Bean & cheese burritos, rice & corn S: Pretzels	24 B: Raisin Bread & milk S: Fruit L: Fish sticks, rice & corn S: Fruit snacks
27 B: Cereal & milk S: Fruit L: Mac & Cheese w/ squash S: Fruit snacks	28 B: Waffles & milk S: Fruit L: Cheese Quesadilla, rice & black beans S: Animal crackers	29 B: Raisin Bread & milk S: Nature Valley bar L: Turkey & cheese sandwich, chips, carrots S: Dried Cranberries	30 B: Cereal & milk S: Veggies & ranch L: Pasta in marinara & parmesan cheese S: Chocolate chip granola bar	31 B: Waffles & milk S: Veggies & ranch L: Meatballs & marinara w/bread S: Pretzels