



# November 2018 -Sunset Beach

<p>5</p> <p>B: Waffles &amp; milk S: Veggies &amp; ranch L: Turkey, cheese, Pretzels, fruit &amp; veggies S: Nature Valley Bar</p>	<p>6</p> <p>B: English muffin, butter &amp; jelly S: Veggies &amp; ranch L: Mr. Matt's Turkey Chili &amp; Cornbread muffins S: Fruit snacks</p>	<p>7</p> <p>B: Bagel &amp; cream cheese S: Fruit &amp; pretzels L: Meatballs &amp; marinara w/bread S: Chocolate chip granola bar</p>	<p>8</p> <p>B: Cereal &amp; milk S: Fruit &amp; pretzels L: Cheese Quesadilla, rice &amp; black beans S: Dried Cranberries</p>	<p>9</p> <p>B: Raisin Bread &amp; milk S: Hummus &amp; pretzels L: Cheesy Orzo &amp; salad w/ ranch S: Fruit snacks</p>
<p>12</p> <p>B: Raisin Bread &amp; milk S: Hummus &amp; pretzels L: Turkey &amp; cheese roll up &amp; chips S: Dried Cranberries</p>	<p>13</p> <p>B: Waffles &amp; milk S: Veggies &amp; ranch L: Mac &amp; Cheese w/ squash S: Nature Valley Bar</p>	<p>14</p> <p>B: English muffin, butter &amp; jelly S: Veggies &amp; ranch L: Bean &amp; cheese burritos, rice &amp; corn S: Fruit snacks</p>	<p>15</p> <p>B: Bagel &amp; cream cheese S: Fruit &amp; pretzels L: Pasta in marinara &amp; parmesan cheese S: Chocolate chip granola bar</p>	<p>16</p> <p>B: Cereal &amp; milk S: Veggies &amp; ranch L: Demitra's Pizza Party S: Dried Cranberries</p>
<p>19</p> <p>B: Cereal &amp; milk S: Fruit &amp; pretzels L: Buttered noodles, oregano, parmesan cheese S: Dried Cranberries</p>	<p>20</p> <p>B: Raisin Bread &amp; milk S: Graham crackers L: Thanksgiving Feast: Turkey, mashed potatoes, corn &amp; rolls S: Chocolate chip granola bar</p>	<p>21</p> <p>B: Waffles &amp; milk S: Veggies &amp; ranch L: Thanksgiving Feast: Turkey, mashed potatoes, corn &amp; rolls S: Nature Valley Bar</p>		
<p>26</p> <p>B: Bagel &amp; cream cheese S: Fruit &amp; pretzels L: Cheese Quesadilla, rice &amp; black beans S: Chocolate chip granola bar</p>	<p>27</p> <p>B: Cereal &amp; milk S: Fruit &amp; pretzels L: Bean &amp; cheese burritos, rice &amp; corn S: Dried Cranberries</p>	<p>28</p> <p>B: Raisin Bread &amp; milk S: Hummus &amp; pretzels L: Mac &amp; Cheese w/ squash S: Graham crackers</p>	<p>29</p> <p>B: Waffles &amp; milk S: Veggies &amp; ranch L: Turkey, cheese, Pretzels, fruit &amp; veggies S: Nature Valley Bar</p>	<p>30</p> <p>B: English muffin, butter &amp; jelly S: Veggies &amp; ranch L: Pasta in marinara &amp; parmesan cheese S: Fruit snacks</p>